



## ***Change for the Better***

We all practice principles of kaizen daily. Surprised? Kaizen = change for the better. We often live our lives wanting to improve various aspects of it, however, the majority of us get stuck on how to start. Why are we talking about this? Well, we are in the manufacturing industry, and let's face it, **our industry is struggling to keep its shop floors staffed**. Labourers are difficult to find because we have been stuck in the Stone Age where our daily routine does not create much excitement.

**I believe our industry needs to revamp the labour jobs with Kaizen!** Kaizen is the new mindset that is required to advance our industry and rejuvenate our people and the culture. You may be wondering how to get your team on board? From my experiences implementing Kaizen with a kitchen cabinet manufacturer, **I can say that it all starts with you**. Be the one to change and the rest will follow... who doesn't want to improve in their life?!

### **Top 3 points to begin to create a Kaizen culture:**

1. Begin with yourself and start slow. Educate yourself with what the principles mean, learn to SEE, SPEAK, THINK waste, and adopt the 5 S method.
2. PEOPLE MATTER. **It's not your process, product or machines, it's your people that transform your materials**. Stop and listen, coach them to the solution and help them become everyday leaders.
3. Create a PULL environment. Do not push these concepts onto your people. The principles will only stick if they allow it to.

Want more details? Watch the CKCA newsletter and website in the coming months as Amrita begins to expand and share her HR and Kaizen journey.

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